



POLISH TAEKWON-DO ASSOCIATION

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23rd Polish Senior Taekwon-do ITF Championships, 28th – 30th May 2010, Olsztyn

Medal places of all divisions

Individual female pattern KUP

1.	Dąbrowska Anna	29.10.1987	MKS RAT Radzyń
2.	Janicka Aleksandra	20.12.1988	Taewo KWSW Warszawa
3-4.	Dziopa Izabela	06.03.1991	LKT Legnica
3-4.	Szpak Paulina	16.09.1991	KST Głubczyce

Competitors: 14

Points:	3 (4)
Points:	2 (3)
Points:	1 (2)
Points:	1 (2)

Individual female pattern I DAN

1.	Szustak Kamila	10.01.1990	TKT Lechmed Toruń
2.	Kisiel Martyna	24.08.1985	KS Dragon Janów
3-4.	Nowak Aleksandra	02.02.1983	CzAT Częstochowa
3-4.	Olszak Natalia	21.07.1993	MKS RAT Radzyń

Competitors: 13

Points:	3 (3)
Points:	2 (3)
Points:	1 (2)
Points:	1 (2)

Individual female pattern II-IV DAN

1.	Wiater Monika	01.05.1984	MKS Lewart Lubartów
2.	Działa Ilona	24.01.1985	MKS Lewart Lubartów
3-4.	Lipa Joanna	11.04.1981	LSKT Lublin
3-4.	Mironiuk Monika	09.01.1987	MKS RAT Radzyń

Competitors: 11

Points:	3 (3)
Points:	2 (2)
Points:	1 (2)
Points:	1 (2)

Individual female sparring up to 52kg

1.	Offman Gabriela	20.08.1988	LKT Legnica
2.	Kopeć Karolina	17.07.1991	LKS Lotos Jabłonna
3.	Kwilińska Marta	05.07.1992	BST Bartoszyce
3.	Sidorowicz Marta	09.02.1988	LKS Lotos Jabłonna

Competitors: 7

Points:	3 (3)
Points:	2 (2)
Points:	1 (2)
Points:	1 (2)

Individual female sparring up to 58kg

1.	Działa Ilona	24.01.1985	MKS Lewart Lubartów
2.	Siwińska Anna	29.07.1984	LSKT Lublin
3.	Kosobudzka Magdalena	15.01.1990	MATSOGI Ciechanów
3.	Masiuk Ewelina	06.05.1989	WAT Wrocław

Competitors: 11

Points:	3 (3)
Points:	2 (2)
Points:	1 (3)
Points:	1 (2)

Individual female sparring up to 63kg

1.	Lipa Joanna	11.04.1981	LSKT Lublin
2.	Kosior Monika	19.09.1989	MKS Lewart Lubartów
3.	Mieszkowska Kaja	05.01.1992	WAT Wrocław
3.	Omiecińska Ilona	05.02.1989	MATSOGI Ciechanów

Competitors: 9

Points:	3 (3)
Points:	2 (2)
Points:	1 (3)
Points:	1 (2)

Individual female sparring up to 70kg

1.	Sakowska Julia	30.05.1988	KST Tornado Szczecin
2.	Conway Lyndsay	23.09.1987	MKS Lewart Lubartów
3.	Rogaczewska Małgorzata	09.07.1975	LSKT Lublin
3.	Woźniak Nina	23.04.1985	KTT Łódź

Competitors: 6

Points:	3 (3)
Points:	2 (2)
Points:	1 (1)
Points:	1 (1)

Individual female sparring over 70kg

1.	Nowak Aleksandra	02.02.1983	CzAT Częstochowa
2.	Miśkiewicz Wioleta	28.11.1986	LKT Legnica
3-4.	Mysur Marta	17.08.1989	LSKT Łódź
3-4.	Oleś Roksana	27.11.1990	Feniks-Arete Rybnik

Competitors: 4

Points:	3 (2)
Points:	2 (1)
Points:	1
Points:	1

Individual female special techniques

1.	Dąbrowska Anna	02.06.1992	SKS Start Olsztyn
2.	Mysur Marta	17.08.1989	LSKT Łódź
3.	Kisiel Martyna	24.08.1985	KS Dragon Janów
3.	Sakowska Julia	30.05.1988	KST Tornado Szczecin

Competitors: 19

Points:	3
Points:	2
Points:	1
Points:	1

Individual female power test

1. Rogaczewska Małgorzata	09.07.1975	LSKT Lublin
2. Nowak Aleksandra	02.02.1983	CzAT Częstochowa
3. Omiecińska Ilona	05.02.1989	MATSOGI Ciechanów
3. Zając Ewelina	04.12.1985	WSKT Wrocław

Competitors: 21**Points: 3****Points: 2****Points: 1****Points: 1****Team Female Pattern****Teams: 5****Points: 3 (2)****Points: 2 (1)****Points: 1 (1)****Points: 1****Team Female Sparring****Teams: 7****Points: 3 (2)****Points: 2 (2)****Points: 1 (1)****Points: 1 (1)****Individual male pattern I DAN****Competitors: 15****Points: 3 (4)****Points: 2 (3)****Points: 1 (2)****Points: 1 (2)****Individual male pattern II DAN****Competitors: 11****Points: 3 (4)****Points: 2 (2)****Points: 1 (2)****Points: 1 (1)****Individual male pattern III DAN****Competitors: 9****Points: 3 (3)****Points: 2 (2)****Points: 1 (2)****Points: 1 (1)****Individual male pattern IV DAN****Competitors: 4****Points: 3 (2)****Points: 2 (1)****Points: 1****Points: 1****Individual male pattern KUP****Competitors: 13****Points: 3 (4)****Points: 2 (2)****Points: 1 (1)****Points: 1 (2)****Individual male sparring up to 54kg****Competitors: 7****Points: 3 (3)****Points: 2 (2)****Points: 1 (1)****Points: 1 (2)****Individual male sparring up to 63kg****Competitors: 11****Points: 3 (3)****Points: 2 (3)****Points: 1 (3)****Points: 1 (3)****Individual male sparring up to 71kg****Competitors: 16****Points: 3 (4)****Points: 2 (3)****Points: 1 (4)****Points: 1 (3)**

Individual male sparring up to 80kg

1.	Dziubicki Michał	07.09.1983	MKS Lewart Lubartów
2.	Sudak Łukasz	13.02.1980	WSKT Wrocław
3.	Dudek Tomasz	06.11.1990	KS Dragon Janów
3.	Zazulak Radosław	31.03.1990	WSKT Wrocław

Competitors: 11**Points: 3 (3)****Points: 2 (2)****Points: 1 (2)****Points: 1 (2)****Individual male sparring over 80kg**

1.	Idzikowski Dariusz	17.11.1979	SKS Start Olsztyn
2.	Idzikowski Tomasz	17.11.1979	SKS Start Olsztyn
3.	Młynarski Dariusz	26.11.1975	Taekwon Warszawa
3.	Świderski Łukasz	19.01.1987	KTT Łódź

Competitors: 13**Points: 3 (3)****Points: 2 (3)****Points: 1 (4)****Points: 1 (2)****Individual male special techniques**

1.	Pełka Piotr	03.03.1989	MATSOGI Ciechanów
2.	Idzikowski Tomasz	17.11.1979	SKS Start Olsztyn
3.	Ciszek Jerzy	17.12.1988	KST Warszawa
3.	Wieleba Michał	09.06.1993	GSC Lublin

Competitors: 15**Points: 3****Points: 2****Points: 1****Points: 1****Individual male power test**

1.	Bernaciak Karol	16.02.1973	CTKD Łódź
2.	Ciężki Łukasz	04.10.1985	MKS RAT Radzyń
3.	Matysiak Adam	28.05.1991	MKS RAT Radzyń
3.	Mielcarski Ryszard	19.04.1989	Taewo KWSW Warszawa

Competitors: 37**Points: 3****Points: 2****Points: 1****Points: 1****Team male pattern**

1.	LKT Legnica
2.	WSKT Wrocław
3-4.	KS Dragon Janów
3-4.	MKS RAT Radzyń

Teams: 6**Points: 3 (3)****Points: 2 (1)****Points: 1****Points: 1 (1)****Team male sparring**

1.	SKS Start Olsztyn
2.	WSKT Wrocław
3-4.	LSKT Lublin
3-4.	Taewo KWSW Warszawa

Teams: 10**Points: 3 (4)****Points: 2 (2)****Points: 1 (1)****Points: 1 (1)****Best female competitor:**

Aleksandra Nowak (Czat Częstochowa) 1 gold, 1 silver, 1 bronze

Best male competitor:

Kamil Raczyński (WSKT Wrocław) 2 gold medals

Best female team:

MKS RAT Radzyń Podlaski – 1 gold, 1 bronze

General clubs medal classification

Place	Name of the club	Gold	Silver	Bronze
1.	Miejski Klub Sportowy "Lewart" AGS Lubartów	8	6	0
2.	Spółdzielczy Klub Sportowy "Start" Olsztyn	3	2	1
3.	Wrocławski Sportowy Klub Taekwon-do	2	4	2
4.	Legnicki Klub Taekwon-do	2	2	7
5.	MKS Radzyńska Akademia Taekwon-do Radzyń Podlaski	2	2	6
6.	Ludowy Klub Sportowy MATSOGI Ciechanów	2	2	5

7.	Lubelski Sportowy Klub Taekwon-do Lublin	2	2	4
8.	"Taewo" Klub Wschodnich Sportów Walki w Warszawie	1	1	2
8.	Częstochowska Akademia Taekwon-do Częstochowa	1	1	2
10.	Centrum Taekwon-do w Łodzi	1	0	1
10.	Klub Sportowy Taekwon-do Tornado Szczecin	1	0	1
12.	Toruński Klub Taekwon-do "Lechmed" Toruń	1	0	0
13.	Ludowy Klub Sportowy Lotos Jabłonna	0	2	3
14.	Klub Sportowy "Dragon" w Janowie	0	1	5
15.	Łódzki Sportowy Klub Taekwon-do	0	1	1
16.	Klub Taekwon-do Tradycyjnego w Łodzi	0	0	2
16.	Rybnicki Klub Taekwon-do Feniks-Arete w Rybniku	0	0	2
16.	KS Wrocławska Akademia Taekwon-do	0	0	2
19.	Bartoszycka Szkoła Taekwon-do	0	0	1
19.	Green Sport Club Lublin	0	0	1
19.	Klub Sportowy Taekwon-do w Warszawie	0	0	1
19.	Ognisko TKKF Taekwon-Mokotow Warszawa	0	0	1
19.	LZS Bełchatowska Akademia Taekwon-do	0	0	1
19.	Klub Sportowy Taekwon-do w Głubczycach	0	0	1